

# Family First Prevention Services Act

Update on North Dakota's Title  
IV-E Prevention Services Plan



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## Background

- ▶ Families First Prevention Services Act of 2018
- ▶ North Dakota became 7<sup>th</sup> state with an approved plan
- ▶ North Dakota's Prevention Services Plan provides ND Department of Human Services (NDDHS) access to federal Title IV-E funding for approved evidence-based mental/behavioral health and substance abuse treatment and recovery support services as well as in-home parent skill-based programs. Find ND's plan at:  
<http://www.nd.gov/dhs/services/childfamily/family-first.html>

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## What are the Approved Services in ND?

- ✓ **Healthy Families**
- ✓ **Parents as Teachers**
- ✓ **Nurse-Family Partnership**
- ✓ **Homebuilders**
- ✓ **Brief Strategic Family Therapy**
- ✓ **Parent-Child Interaction Therapy**
- ✓ **Multisystemic Therapy**
- ✓ **Functional Family Therapy**

For more information see the  
Prevention Services  
Clearinghouse

<https://preventionservices.abtsites.com/program>

## Approved Title IV-E Programs/Services

### Healthy Families ND

#### Service Description:

- home visiting program for new and expectant families at risk for maltreatment
- cultivate and strengthen nurturing parent-child relationships
- promote healthy childhood growth and development
- enhance family functioning by reducing risk and building protective factors
- relationship-based, culturally respectful, family-centered
- located in 11 counties of the state

#### Target population:

- enroll prenatally up to age 2, then continue service until the age of 5

### Parents as Teachers

#### Service Description:

- home visiting parent education program for new and expectant parents
- promotes positive child development and positive parenting practices
- reduces risk of child abuse and neglect
- increase school readiness and success
- is designed to be delivered to diverse families with learning activities based on families' traditions, cultures, values, and beliefs

#### Target population:

- enroll prenatally up to age 3, then continue service until the child enters kindergarten

## Approved Title IV-E Programs/Services

### Nurse-Family Partnership

**Service Description:**

- home visiting program with trained nurses for first-time expectant moms
- improves the health, relationships, and economic well-being of mothers and their infants
- promotes positive parenting and provides parent education
- provides physical assessment of the infant

**Target population:**

- first-time expectant moms who are 28 weeks or less, meet income requirements and continuing through the child's second birthday

### Homebuilders

**Service Description:**

- intensive, in-home therapy and support services for families who have a child 0-17 who is at risk of out-of-home placement
- supports families during crises
- uses cognitive and behavioral practices to teach family members new skills and facilitate behavior change
- tailored intervention strategies based on the family's needs, goals, values, culture, circumstances, learning styles, and abilities

**Target population:**

- child(ren) 0-17 years old at risk of out-of-home placement

## Approved Title IV-E Programs/Services

### Brief Strategic Family Therapy

**Service Description:**

- therapy that has a structured family systems approach to treat families with children or adolescents 6 to 17 years old who display or are at risk for developing problem behaviors including substance abuse, conduct problems, and delinquency
- focused interventions and skill building within the family structure
- is notable as a model developed for its cultural competence with language and cultural minority families

**Target population:**

- children or adolescents 6 to 17 years old who display or are at risk for developing problem behaviors including substance abuse, conduct problems, and delinquency

### Parent-Child Interaction Therapy

**Service Description:**

- therapy for children 2 to 7 years old and their parents
- decrease child behavior problems
- increase positive parenting
- improve the quality of the parent-child relationship
- therapists coach parents in skills such as child centered play, communication, increasing child compliance, and problem-solving

**Target population:**

- therapy for 2 to 7 years old children with behavioral problems and their parents

## Approved Title IV-E Programs/Services

### Multisystemic Therapy

**Service Description:**

- intensive family and community-based treatment program for youth 12 to 17 years old who exhibit serious clinical problems
- promotes pro-social behavior while decreasing problem and delinquent behaviors
- assessment to determine the core causes of the behaviors by identifying key drivers
- intervention strategies are personalized to address the identified key drivers

**Target population:**

- youth 12 to 17 years old who exhibit serious clinical problems (substance use, violence, delinquent/criminal behavior)

### Functional Family Therapy

**Service Description:**

- a short-term, high intervention program for at-risk youth ages 11-17 and their families
- focuses on assessment and intervention strategies to address risk and protective factors that impact the adaptive development of the youth
- therapists listen, help, and respect family members in a way that is sensitive and respectful of individual, family and cultural beliefs, perspectives and values

**Target population:**

- youth 11 to 17 years old who have been referred for behavioral or emotional problems

## Who Can Provide Title IV-E Services?

### Title IV-E Provider

- Identify the service they will provide
- Submit required training/certification
- Outline the providers fidelity review process
- Agree to requirements and provider responsibilities
- Sign the Provider Agreement

### Screening Provider

- Meet the minimum qualifications
- Be trained on the Department's screening tool
- Knowledgeable in the approved ND Title IV-E prevention services and the target populations in which they serve
- Agree to requirements and provider responsibilities
- Sign the Provider Agreement

# Who Can Receive Title IV-E Services?

## Criteria

- Be 17 years and under (post-natal) must be born
- Reside in North Dakota
- Be at risk of out of home placement if preventative services are not offered

## Determination of Title IV-E Eligibility

- Federal guidance defines eligibility requirements
- Circumstances and characteristics of the child and their parent/caregiver

# Where Do I Find Information?

<http://www.nd.gov/dhs/>

The screenshot shows the North Dakota Human Services website. The header includes the North Dakota logo and 'Human Services Be Legendary™'. A search bar is present. The main content area features a 'Welcome' message and a grid of service links. The link for 'Title IV-E Prevention Services' is circled in red. Other visible links include 'Apply for Help or Report Changes', 'Coronavirus Information', '1915(i)', 'ND Health Enterprise MMIS', 'Social Service Redesign', 'ND Medicaid Dashboards', 'Abuse/Neglect of Vulnerable Adults', 'LIVE AT HOME', 'EVR', and 'Child Abuse/Neglect'.

## Title IV-E Prevention Services Page

Find an Approved Title IV-E Service Provider	Apply to Receive Services	Apply to Become a Provider
<p>Approved Provider:</p> <p><b>USpireND: Healthy Families</b></p> <ul style="list-style-type: none"> <li>Available in Billings, Burleigh, Dunn, Grand Forks, Hettinger, McKenzie, Morton, Nelson, Pembina, Stark and Walsh counties.</li> </ul>	<p>Eligibility must be determined for a child based on specific criteria that has been established by the federal government and will be verified by the N.D. Department of Human Services (ND-DHS). Once a child's eligibility is approved the child and parent/caregiver can receive access to approved Title IV-E prevention services.</p> <p>The child must:</p> <ul style="list-style-type: none"> <li>Reside in North Dakota</li> <li>Be born (postnatal)</li> <li>Be age 17 or under</li> <li>Be at risk of out of home placement</li> </ul> <p>The individual eligibility application allows for parents/caregivers, public and private agencies, treatment providers, tribal social services, juvenile court, and others to complete and submit an application on behalf of the child.</p>	<p>Community and private agencies/providers can apply to become an approved Title IV-E prevention services provider.</p> <ul style="list-style-type: none"> <li>Providers MUST identify what approved service(s) they will offer, submit documentation verifying required training/certification and a plan outlining their fidelity review process for such service(s) to ND-DHS.</li> <li>Providers MUST also agree to and sign a Memorandum of Understanding outlining the requirements set forth by ND-DHS and Families First Prevention Services Act.</li> <li>ND-DHS will review application. If approved, providers will be able to receive reimbursement for Title IV-E approved prevention services delivered to an eligible child and their parents/caregivers.</li> </ul>
<p>COMING SOON - LINK to Find Approved Providers</p>	<p><b>APPLY HERE</b></p> <p>LINK to Individual Application for Eligibility</p>	<p><b>APPLY HERE</b></p> <p>CLICK this LINK to complete the Provider Application</p>

### Additional Resources

- VIDEO: Informational Overview Meeting: [Title IV-E Prevention Services Provider Application and Requirements](#) (Recorded Jan. 12, 2021)
- [Service Reimbursement Rates](#)
- [Title IV-E Screening Tool](#) (for use by providers who do screenings)
- [Outcomes Survey](#)
- Provider Guidance (COMING SOON)
- [Other Resources for Families](#)

## Application for Eligibility

NORTH Dakota

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Sign in

Title IVE Families FI...

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Individual Applications Public Questionnaire

### Individual Applications Public Questionnaire

#### Prevention Plan Portal - Child Candidate

A child may be at risk of removal from the home based on circumstances and characteristics of the child or the parent/relative (kinship) caregiver's ability to safely care for and nurture the child. This application is to determine if a child is a candidate to receive Title IV-E Prevention Plan services.

If you need assistance in completing this application process, please contact us at 701-328-2316 or [TitleIVPrevention@nd.gov](mailto:TitleIVPrevention@nd.gov).

Start

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## Development of an online Portal

### Administrative

Accept individual applications  
Review applications for eligibility  
Determine if Screening is necessary

### Provider Section

Receive screening recommendations & referrals  
Manage their clients  
\*Complete required documents online  
\*Submit for reimbursement online

## The ND Department of Human Services announces one-time grant opportunities



**AGENCY DEVELOPMENT GRANTS**

Intended to facilitate development of organizations that can deliver evidence-based practices as identified in North Dakota's Title IV-E Prevention Services Plan.

- grants in amounts up to \$100,000
- assist five or more entities with their enrollment and successful operation as an approved Title IV-E Prevention Service Agency in North Dakota.
- Funds will be available until the full amount of \$500,000 has been allocated

**PROVIDER TRAINING GRANTS (coming March 1<sup>st</sup>)**

Intended to offset the cost of the training and/or certification that will enable a person to deliver an evidence-based service, such as may be required by each of the evidence-based models identified in North Dakota's Title IV-E Prevention Services Plan.

- grants in amounts up to \$10,000
- assist seventy-five or more professionals with costs associated with completing an evidence-based training for the purpose of furthering the delivery of services
- Funds will be available until the full amount of \$750,000 has been allocated

NORTH Dakota Human Services Be Legendary.

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**DHS Website**<https://www.nd.gov/dhs/>**Title IV-E Information Page**<https://www.nd.gov/dhs/services/childfamily/iv-e-prevention.html>**Family First Prevention Services Act**<https://www.nd.gov/dhs/services/childfamily/family-first.html>**ND Title IV-E Prevention Services Plan**<https://www.nd.gov/dhs/info/pubs/docs/cfs/approved-nd-title-iv-e-prevention-services-programs-plan.pdf>**ND Title IV-E Provider Application**<http://www.nd.gov/dhs/services/childfamily/docs/iv-e-provider-application-agreement.pdf>**ND Title IV-E Agency Development Grant Description**<http://www.nd.gov/dhs/services/childfamily/docs/iv-e-agency-development-grant-description.pdf>**ND Title IV-E Agency Development Grant Application**<http://www.nd.gov/dhs/services/childfamily/docs/iv-e-agency-development-grant-application.pdf>

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